

Mediation services

Introduction

What is family law mediation?

Family law mediation is a voluntary and confidential process that helps families resolve disputes with the support of a trained, neutral mediator. It's not just for separating couples, it can also help resolve issues involving grandparents, step-parents, and extended family members.

Step one: the initial consultation

- One-on-one meeting: each person involved in the mediation process begins with a private, confidential consultation with the mediator.
- Purpose: this session allows the mediator to understand the situation, assess whether mediation is appropriate and safe, and explain how the process works.
- Confidentiality: everything discussed in this session stays private and is not shared with the other party.

Step two: joint mediation sessions

- Format: if mediation is deemed safe and suitable, the process moves to joint sessions.
- Duration: each session typically lasts 90 minutes.
- Flexibility: sessions can be held in-person, remotely (online) or with participants in separate rooms if needed for comfort or safety.

Who can use family mediation?

Family mediation is useful for a wide range of family issues, including:

- parenting arrangements
- financial matters with divorce, relationship breakdown
- discussing prenuptial and postnuptial agreements
- communication breakdowns
- disputes involving grandparents, step-parents, siblings, and other extended family members.

Why choose mediation?

- Empowering: you stay in control of the decisions, rather than a court.
- Cost-effective: often less expensive than going to court.
- Faster: can resolve issues more quickly than legal proceedings.
- Supportive: encourages respectful communication and long-term solutions.



Costs

- £150 + VAT for the initial meeting per person (45-60 minutes)
- £250 + VAT for the joint session per person (90 minutes)
- Preparation of documentation based upon the individual mediator's hourly rate.

We do not offer Legal Aid.

Key contacts



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